



# Salty Soroptimist News



## President Barbara's Message

Dear Soroptimists, I can't believe we are already in November. Our committees have been working very hard to keep our programs up to date and moving forward. I am filled with pride when I think about the women and girls who will benefit from the SI of Salt Lake City activities. Their success is a testament to our collective

efforts, and I know that they will succeed knowing that there is a group of women who pay special attention to them, share knowledge and cheer, and wish the best for them.

During my years as a member, I have seen smiles, tears, joy, and hope in those who believed in themselves and us. With our support, their lives have changed, as have the lives of the people surrounding them, especially their children.

There is no doubt that we strive to "Invest in Dreams" to serve our female community in need. We have seen the results of our efforts by seeing women studying to improve their lives and women creating organizations to help other women. These women are teaching their children that things can be done with some help and it's up to them to continue living their lives thriving for a better tomorrow.

This success is only possible with your participation and willingness to be the gear of our motor for change. Without you, there would not be Soroptimists. Imagine a world without Soroptimists.

Thank you to all, and I ask for your active participation in our programs; together, we can make a difference!



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### Board 2024-2025

- Barbara Rosner - *President*
- Carma Ingram - *President Elect*
- Donna Schultz - *Secretary*
- Loretta Peterson - *Treasurer*
- Pat Murdoch - *Treasurer Elect*
- Donna Visco - *Director at Large*
- Rachel Woodhouse - *Delegate*
- Zulie Langarica - *Delegate*

## People Helping People Award Breakfast *by Carma Ingram*



Carma & Angela with award

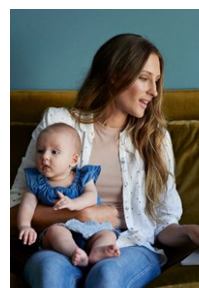
<https://www.phputah.org/our-impact>

Angela Yarborough and I were honored to attend a People Helping People (PHP) Legacy Donor Award breakfast. The Soroptimist of Salt Lake City were presented with a beautiful award certificate for our in-kind donations that we have given to People Helping People. This past year our club donated cleaning products to PHP to gift to their women graduating from their program. Soroptimist of Salt Lake City has donated to PHP gift items for their ladies over the past number of years. The award breakfast honored many organizations and individuals who have donated to their organization during this past year.

Besides the donor awards they also featured two women who graduated from their program. Both women

spoke of overcoming hardships, and with the help they got from PHP they are both in rewarding jobs which include medical benefits and retirement.

People Helping People, Inc (PHP) is a local grassroots 501c3 non-profit Employment Program dedicated to reducing the number of children living in poverty by helping low-income women, primarily single moms, reach an adequate income through successful employment. PHP helps families break



the cycle of poverty by teaching low-income women how to reach their full potential in the workplace.



**SOROPTIMIST INTERNATIONAL OF SALT LAKE CITY INVITES YOU TO THEIR**

# ONLINE SILENT AUCTION

We are excited to invite you to participate in our silent auction, a unique opportunity to bid on fantastic items while supporting a great cause. All proceeds will go towards programs that uplift and empower women and girls in our community.

**STARTS**  
OCTOBER 15, 2024 12:00 AM

**ENDS**  
NOVEMBER 15, 2024 11:59 PM

FOR MORE INFORMATION GO TO:  
<http://sislc.org>

**BID NOW**

## Peaks to Plains Region Fall Meetings

***A message from District II Director, Carolyn Roberts:***

This year we held two district meetings, one in-person and one virtual. The in-person meeting is meant to rotate each year between Districts 1 & 2, 3 & 4, and 5 & 6, with 5 & 6 being the first. I attended the in-person meeting on October 12th in Des Moines, Iowa. The same information was covered in the virtual meeting on October 26th.

Thank you to everyone who attended. Great messages were shared about how to use the SIA website, how to use Club Microsoft 365 account software. Each club has access to this but many clubs don't realize it. We also reviewed the four pillars, Philanthropy, Engagement, Brand Recognition, and Impact, as well as our programs. I gave a presentation on Soroptimist 101 (similar to our club meeting).

I would like to give a shout out to our region secretary Cheri Richardson who was working tirelessly behind the scenes to make the District meetings run smoothly. She created the call to meetings and the agenda. She emailed the calls and all the links. She is responsible for the correspondence you see coming from the region email address and she does the region newsletter. Big thanks to her!!!

A survey will be sent out. It is very important that members give us feedback on whether or not they attended and why, whether they attended in person or virtually and why, so we can use that information to plan future events.

It is also important for our club's voice to be heard by voting for the upcoming changes in SIA bylaws. Make an informed decision as a club and cast your vote.

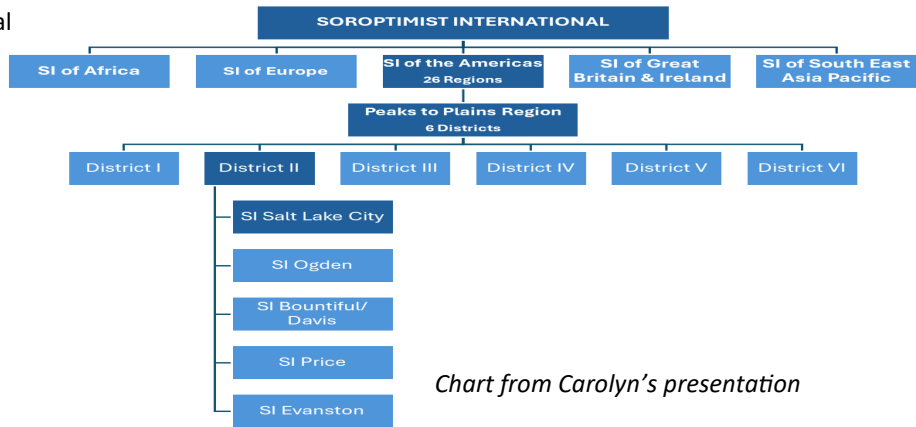
*Carolyn Roberts*



# Peaks to Plains Virtual Fall Meeting *By- Kathy Margaritis*



International  
Federation  
Region  
District  
Club



*Chart from Carolyn's presentation*

- **Soroptimist 101**, presented by Carolyn Roberts, was very informative. She explained that we belong to Soroptimist International as one of the five federations. SI does not dictate how federations run, but we have similar missions. We are stronger and more credible as we work together to advocate for women around the world. Carolyn recommended checking out the Soroptimist website for podcasts, webinars, branding, and more.
- Jenny Erickson discussed that SIA clubs have access to a Microsoft 365 account. Through these various tools, clubs and members can share forms and resources. We definitely could use some additional training on how to utilize these tools. She recommended Soroptimist.org for member resources.
- Alice Helle asked us to support the Region fundraiser by buying Soroptimist apparel on <https://shirtsfromfargo.com/shop-storefronts/nonprofits/soroptimist/soroptimist-peaks-to-plains-region/> She requested we provide gift donations for the Creative Corner at Region Spring Conference in Fort Collins, CO on May 2-3, 2025.
- Several women gave ideas for increasing the number of girls/women we serve in our Dream Programs. Some ideas were to partner with businesses and schools to sponsor LYD scholarships or DIBI sessions. By providing incentives for those involved and making programs accessible, it can increase impact. Big Goal Accelerator Projects are another way to increase the reach to more girls and women. Sharing success sto-

ries is very important and communication is key. It's necessary to get permission from participants, use empowering language, and speak about them with dignity. Uplift HER was reviewed by Harriet Beck as one more way to communicate how Soroptimists are addressing specific obstacles that women and girls face. Clubs can educate through social media using this hashtag- #Soroptimistuplifter.

- Philanthropy was discussed by Andrea Hartman and others. Several ideas were given regarding enhancing donor engagement to increase fundraising success, boost club visibility, and strengthen relationships. Always share what the money is going toward when fundraising to show our impact within the community. Make sure to recognize donors (at events and on social media) and keep in communication with them.
- Engaging members, increasing membership, and member retention was spoken about by Bonnie Newton & Linda Shaw. Some ideas were to have member outreach regarding the benefits and personal development opportunities. They recommend having an onboarding process for new members and mentors for them. She encouraged members to develop an elevator speech that is brief and sparks interest. Draft your 'Soroptimist why' by starting with an attention grabber, explain your personal journey, highlight impact locally and broader, add a call to action.
- By-laws and amendments were reviewed. They have concerns about Amendment 7 and 8. Clubs need to vote by December.

## Big Goal Accelerator Projects

By— Kathy Margaritis

Big Goal Accelerator Projects (BGAP) are club work that increases access to education for women and girls **facing obstacles** and leads to economic empowerment. This work is outside of our Dream Programs and will count toward the 2021-2031 Big Goal of investing in the dreams of half a million women and girls. These projects are Soroptimist-led, hands-on, and are reported to SIA through the official reporting link <https://form.jotform.com/210685659585067>.

We have two upcoming Big Goal Accelerator opportunities that **we would love to have members help with, according to your interests and skills**. We're also in need of a committee chair. These classes will start at the first part of the year and will be held monthly. The sessions will vary according to needs, but will have some similarities with the topics in Dream It Be It. However, they will be adult focused for the various populations that we will be serving.

**The Women's Homeless Shelter** will be one of the sites where our Soroptimist club plans to hold small sessions for women that are interested as well as referred by case managers. They have requested some life skills training, goal setting, and sessions with steps that lead toward attaining education and/or employment (emailing, interest surveys, dream boards, goal setting, resume creation, interviewing skills). Pat Murdock is employed there and can answer questions that you may have. Donna Visco led our first successful class on Nov. 9th.

The other site that requested Soroptimist assistance is **Horizonte Adult Education** serving English language Learners and Adult High School students. These classes will start out with dream boards and goal setting, then work on education transition and job attainment skills. Additionally, there will be a family literacy focus for mothers and grandmothers that centers on supporting their children's/grandchildren's education at home and in the school setting. Horizonte has a check out library with bi-lingual children's books that will be incorporated. Carma Ingram and Kathy Margaritis would appreciate ideas and can answer questions about these upcoming classes.

More details and dates will be coming soon on these opportunities for service. Please think about where you might be interested in helping out with these groups. We will need all hands-on deck to accomplish these additional projects. Our members have many professional and personal skills that can benefit these communities. Think about friends and acquaintances that may want to join us in our efforts... we are always looking to add members to our club in the great work of Soroptimist International of Salt Lake City.



Examples of **obstacles** that can make accessing education more difficult for a woman or girl:

- Poverty
- Violence
- Racism
- Teen pregnancy
- Being a foster care youth
- Trafficking
- Single parenting
- Substance abuse disorder

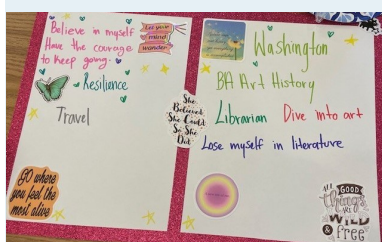
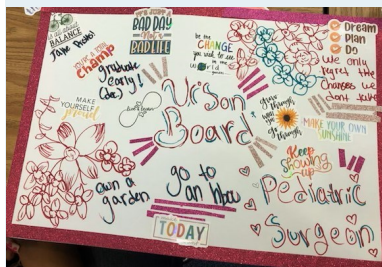
## Dream It Be It at Granite Connection - By Kathy Margaritis

Dream It Be It (DIBI) got off to a great start on Friday, October 18<sup>th</sup> at Granite Connection High School. There were 21 young ladies that were quite engaged in creating their 'Dream Boards' focusing on their short-term and long-term goals. Using motivational stickers, washi tape, and markers they got quite creative! Some of the future professions they were working towards were quite lofty such as a pediatric surgeon, anesthesiologist, social worker, ultra-sound tech., paralegal, cosmetology and others. Many had the short-term goal of graduation (some as soon as December) and getting a job.

The next part of the class focused on talking about S.M.A.R.T. (Specific, Measurable, Attainable, Relevant, Time-bound) goals and having the girls fill out some goal prompts. From those they set a goal and some action steps toward that goal. The class finished off with the girls writing a letter to themselves about their ambitions, what they are proud of today, plus words of encouragement for the future. Carma sends these letters out the following year to help them stay on track and appreciate how far they've come during that year. The girls also enjoyed a small breakfast and several cute incentives including pens, bracelets and bookmarks with motivational sayings, along with lotion and nail files.

We appreciate the Soroptimist members who came and helped set up and encouraged the girls to participate in all parts of the session. Leading the discussion was Donna Visco, Carma, and Kathy M., supporting helpers were Rita, Donna S., Janis, and Julia. There will be two more sessions on January 17th and March 7th (8:30 am) with the Granite Connection students.

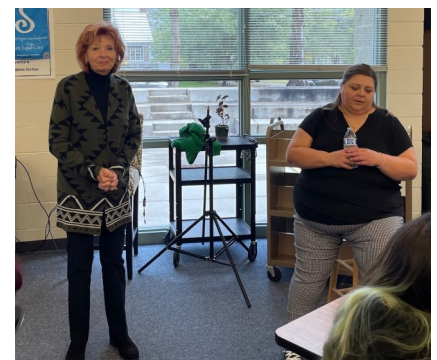
Another possible group that will be served with DIBI is a middle school. This is a developing opportunity that we would love to have member participation with, especially if you are familiar with this younger age group. Details will be forthcoming as we may have some scheduling flexibility here. Please let us know if specific times or days work better for you to participate.



A few vision boards that the girls created, some with quite lofty goals!



Janis, Julia, and Donna S. participated



Carma and Donna V. led the discussion

# Board Report and Action Plan - Nov. 6, 2024

## Board Summary

- The club has received 15 Live Your Dream applications so far. Deadline is November 15<sup>th</sup>. After the deadline, we will reach out to other clubs in Utah to see if they would like some of our applications.
- We are planning life skills training for women at Horizonte Adult Education program beginning in January 2025.



## Action Plan

- Thanksgiving Meeting this month on November 20<sup>th</sup> (see flyer, pg. 9). Members to bring full size candy canes and candy to the meeting to assemble candy bags for BWS.
- BWS meetings will be on the following Thursdays- November 7, 14 and 21 at 6:30 pm by Zoom.
- We will have a service project at the Women’s Resource Center on November 9<sup>th</sup> to teach how to set up an email and how to spot fraud and scams.

## Breakfast with Santa – By Teresa Just

It is the holiday season and there is no better way to celebrate than giving to others. We are asking all members to contribute in some way to Breakfast with Santa. There are many ways to participate such as:

- Attend the event and sign up to work in one of the different areas.
- If unable to attend, volunteer to help with planning preparations.
- Collect new toys or gift for moms.
- Make a personal donation of toys, mom gifts or money to purchase items.
- Donate food for volunteers and Soroptimist’s attending the event.
- Be a shopper to purchase new clothing for the children. Soroptimist budget pays for the clothing through our generous donation from American Express.



Please attend the planning meeting every week, Thursday at 6:30pm, by Zoom (*link in your email*)

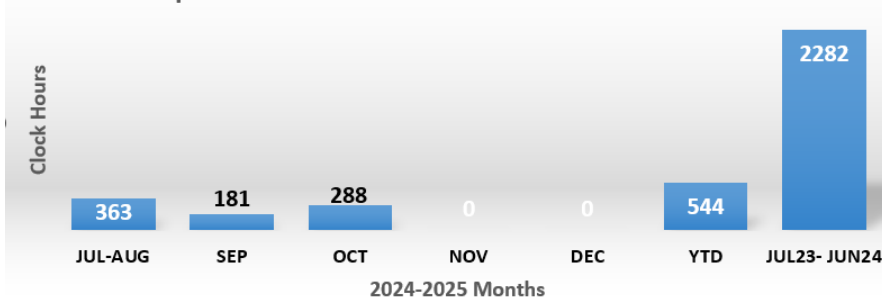
**When:** Saturday, **December 7, 2024**, 10:00 am – 11:30 am (**members arrive at 8:00 am**)

**Where:** 3120 West 4700 South, West Valley City, UT 84119 (Church building)

**Details:** Breakfast with Santa is a program assisting single mothers who are attending college or other education programs. It provides: new winter clothing for children (infant to 17 years), two (2) new toys for each child, and a gift each child chooses and wraps for their mother. **Questions:** Teresa, text/call (801) 425-8250.

## Thank You Soroptimist Volunteers!

Soroptimist International SLC Volunteer Hours



President Barbara thanks all members that have been working to help our club achieve it’s many goals. Through consistent effort, we make a difference in the lives of girls and women. Please report hours to Loretta Peterson, Treasurer, by the 2nd of the month, [Loretta\\_Peterson@PremierInc.com](mailto:Loretta_Peterson@PremierInc.com)  
**Thank You Soroptimist women!**

## Getting to Know You

We'll be highlighting two amazing members each month to become better acquainted with one another.

**Please send me a little summary of your family and professional life. Share your Soroptimist why. A photo would be great too. My Email: [Kathyfmarq64@outlook.com](mailto:Kathyfmarq64@outlook.com) Thank You!**



Jeanne & Jan, Soroptimist 1996



Jan & Mike in high school

## Michelle Jackson - joined 6/2023



I am a voracious reader who also enjoys staying active and taking care of community cats. I've been married for 12 years now and I have one daughter who is

grown and out of the house.

I'm enjoying being an empty nester as it's allowing me time to learn to enjoy my own company since my husband works a lot. I spend my days working from home in HR for Comcast, getting workouts in and playing with my 2 cats. I love cats and am a huge advocate for them whether it's donating to local rescuers or helping to take care of 2 community colonies here in Salt Lake. I spend time on Friday and Sunday feeding and loving on them.

I've discovered a passion for fitness these

last few years and my goal is to be strong and healthy as I age. I enjoy strength training and cardio workouts at Orange Theory.

I'm also passionate about helping others, specifically single moms, having been one myself when my daughter was younger. Soroptimist is important to me because I see myself in all the women we help, that young mother who once didn't know what the future held and relied on assistance to make it through. I enjoy seeing the difference we make in the lives of the families we support.

I enjoy watching movies or hiking with my family, or really any time I get to spend with my daughter these days. I'm also really close with my mom and try to spend time with her as much as I can. I love my family, my kitties, building strength and giving back to community.

## Jan Crane *Joined 11/20/2009*



I am a Utah girl - born in Ogden; but have had the joy of living in a lot of places- Gettysburg, PA, northern & southern California, Kansas, and even Scotland for two years. That's

*On a recent trip to NC* probably why I

enjoy traveling so much- new places and cultures (and yes, the food!) are a source of delight.

Six kids call me mom- five boys and a girl. I have 14 grandkids and have been married to my high school sweetheart, Mike, for almost 54 years! We've made Midvale our home since 2006. Before that we

owned a bed & breakfast in Manti (central Utah) called the Legacy Inn.

My career was in commercial interiors where I enjoyed design, space planning, and selling furniture to create pleasing workspaces. I retired in 2019 and have found plenty to keep me busy. . . anything that involves a needle and thread calls to me- Happyheartquilts.com is my website- please take a look. Embroidery and knitting are what I do while watching TV or listening to books on tape. I'm involved with the Women's Circle at the First Unitarian Church. My latest project is developing a free walking tour of downtown Salt Lake, hoping to offer that to out-of-towners. (I need lots of practice - so if you want a stroll with me, let me know!)

Soroptimist is in my blood- my mother, Jeanne, was a member and most of you know Marilyn Tang was my aunt. I've met so many amazing women- the purpose, service and friendships are the best!



Soroptimist

# Membership

MILESTONES

Pat Murdoch	32 years	11/01/1992
Jan Crane	15 years	11/20/2009
Angela Yarborough	11 years	12/28/2013

## November & December Birthdays

11/19- Cathy Stevens  
 11/25- Donna Schultz  
 11/26- Carma Ingram  
 12/06- Diana McCarty  
 12/22- Rachel Woodhouse  
 12/26- Pat Murdoch



### Celebrating Carolyn's 10-year Anniversary

Our new membership committee wants to celebrate our member's milestones at each 5-year anniversary. A group of us went to congratulate Carolyn.



**SOROPTIMIST®**  
Investing in Dreams

POTLUCK!  
BRING YOUR FAVORITE  
DISH AND DRINK  
TO SHARE!

SOROPTIMIST INTERNATIONAL OF SALT LAKE INVITES YOU TO OUR  
**THANKSGIVING  
 RETREAT**

WEDNESDAY, NOVEMBER 20 6:00 PM

JORDAN VILLAS CLUBHOUSE  
 9339 SOUTH JORDAN VILLA DR  
 WEST JORDAN, UT 84088

Event Highlights  
 SHORT BUSINESS MEETING  
 DINNER  
 ASSEMBLING OF CANDY BAGS FOR BWS  
 LOTS OF TALK  
 FUN, FUN, FUN

PLEASE R.S.V.P.  
 CALL: 801-631-7097  
 DONNA

BRING A FRIEND!

# November/December Calendar & Member News

## Mark Your Calendars ...

- 11/06- Board Meeting at Barbara's (6:00 pm)
- 11/09- Women's Shelter computer class (2:00 pm)
- 11/15- **LYD** application **closes**. <https://www.soroptimist.org/our-work/live-your-dream-awards/apply-for-the-live-your-dream-awards.html>
- 11/15- Online Auction Ends [www.sisl.org](http://www.sisl.org)
- 11/20- **November Club Meeting** (see flyer inside)
- 12/04- Board Meeting at Barbara's (6:00 pm)
- 12/07- Breakfast with Santa (8:00 am -12:00 pm)  
3120 West 4700 South, West Valley City, UT 84119
- 12/11- **Christmas Party** (6:00 - 8:00 pm)

It's with much sadness, we convey the news, that Janis Nash's husband, Larry, passed away on November 1st. The funeral will be at Lone Peak 4th Ward, 2080 Pinecrest Lane in Sandy on Saturday, November 16th at noon. The viewing will be before the service from 10:30 to 11:45 am. The link to the obituary is included below.

[Larry Blaine Nash](http://www.larkinmortuary.com) Obituary for Larry Blaine Nash  
[www.larkinmortuary.com](http://www.larkinmortuary.com)



## Soroptimist International of Salt Lake City

P.O Box 571021  
Salt Lake City, UT 84157-1021  
[www.sisl.org](http://www.sisl.org)



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Investing in Dreams