



Salty Soroptimist News



President Barbara's Message

Dear Soroptimist Sisters,
As we step into February, a month that reminds us of the power of love, I want to take a moment to express my heartfelt gratitude for all your dedication and commitment to our mission. In the spirit of this

season, we continue to serve and uplift others with love in everything that we do.

This month, we are excited to celebrate our LYD Luncheon, where we'll not only honor the winners but also hear their inspiring stories. These women are a testament to the strength and resilience that Soroptimists help foster, and I can't wait to share in this beautiful celebration with all of you.

As we look forward to the coming months, our Spring Fundraising is right around the corner (March 7th). This event will give us the chance to gather, raise vital funds, and make a meaningful difference in our community. Your participation in this effort is so appreciated, and it's an event I'm sure will be filled with joy and purpose.

Additionally, your involvement is crucial to the success of our DIBI Program. Let's continue to bring our energy and commitment to making it an event that young girls will remember.

I'd also like to remind everyone to stay connected through our Facebook Page. Our online presence is a great way to stay up-to-date with all of our activities and engage with one another.

Let's move through this month with hearts full of love and hands ready to help. Thank you for all you do, and I look forward to seeing you all at our upcoming events!

With love and gratitude,
Barbara Rosner



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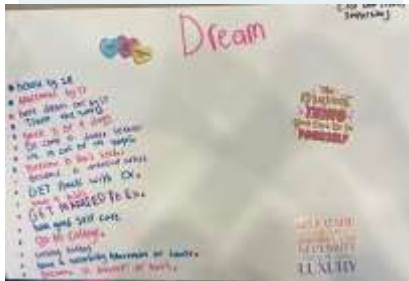
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Board 2024-2025

- Barbara Rosner - *President*
- Carma Ingram - *President Elect*
- Donna Schultz - *Secretary*
- Loretta Peterson - *Treasurer*
- Pat Murdoch - *Treasurer Elect*
- Donna Visco - *Director at Large*
- Rachel Woodhouse - *Delegate*
- Zulie Langarica - *Delegate*



Roosevelt 8th graders Dream Boards



"What I liked about this class, that everyone was kind and it was like a safe place."

Empowering Through the Soroptimist Dream

What a Remarkable Week! - By Donna Visco

I kicked off my first trip of the year, traveling from Phoenix to Salt Lake City, and it did not disappoint! This journey was filled with meaningful connections as we brought the "Dream It, Be It" program to schools and the Women's Shelter with over 60 participants across the 3 days. Each visit offered unique opportunities to inspire creativity, build confidence, and foster empowerment among these students and women. Here's a recap of our impactful efforts:

Our first visit was to Roosevelt Continuation School, where Jan, Kathy, Carma, and I introduced the "Dream It, Be It" program to their inaugural class. Initially, the girls seemed reserved and uncertain. However, as we guided them through a dream board activity, their enthusiasm grew. The energy in the room shifted as they began sharing their aspirations and ideas. By the end, the spark of possibility was unmistakable. We're excited to return on March 6 to explore values and strategies for overcoming challenges.

The next day, we met with 30 young women at Granite Connection for a session focused on discovering personal values. Michelle Jackson began by sharing her powerful story of resilience, captivating and inspiring the audience to reflect on their own journeys.

Kathy and Michelle energized the session with a dynamic icebreaker that encouraged self-awareness and engagement. Julia and Carma did a fantastic job facilitating small group discussions, creating a safe space for meaningful sharing and connection during the icebreaker.

The session continued with Kathy and Michelle leading the Values Activity which the girls selected values that were important to them personally. The girls' identified their top 3-5 values and created bookmarks as daily reminders. Kathy also introduced a career-focused exercise, showing how their values could guide their professional paths. Meanwhile, Carma connected individually with each girl, discussing their career goals and preparing for a March 7 session featuring guest speakers tailored to their aspirations.

Granite Connection High Values Clarification Activities



EITHER OR Forced Choice Questions Game

Are You:

1. More like a rose or a daisy?
2. More of a saver or a spender?
3. More of an arguer or an agree-er?
4. More like a bubbling brook or a placid lake?
5. More like a gourmet meal or a McDonald's meal



What a Remarkable Week! (Continued)

Our final stop was at a Women’s Shelter, where Carma, Pat, and I worked with a group of women facing significant challenges to create Dream Boards. This session is part of our **Big Goal project** aimed to empower women to achieve economic independence and overcome obstacles.

The dream board activity encouraged deep reflection and camaraderie as participants shared their dreams and supported one another. Pat provided essential guidance on obtaining IDs, a critical step toward employment and housing. This session reinforced the importance of providing practical tools and emotional support to empower women on their journey toward independence.

This week highlighted the transformative power of the "Dream It, Be It" program and the collective impact we do. From high school students gaining confidence to women envisioning brighter futures, each session created profound moments of growth and connection.

Thank you everyone who participated and made this week a success!

Big Goal Project: Empowering Women at Horizonte Youth-to-Adult Program By- Carma Ingram

We had 14 girls (age 17-20 years) attend our Big Goal Accelerator Project held at Horizonte Adult Education on January 31st. Kathy Margaritis and Michelle Jackson lead the discussion which was based on the DIBI Dream Board and Goal Setting curriculum. The activities helped the girls identify things they admire in a woman and lead them toward what goals they’d like to set to emulate some of those qualities. After building their dream boards, the girls broke a goal down to actionable steps that they can then begin to take.

Also assisting with small groups were Rita Offrett, Donna Schultz and Carma Ingram. The girls attending were great and all seemed engaged and to enjoy the presentation.

Here are a few of their comments:

“I really enjoyed this class and how it is women driven. I enjoyed how much effort these lovely ladies have given us.”

“I enjoyed this class. It was really fun. Great stories being told and fun activities.”

“I thought this was a good class. I feel like it helped the people around me talk about some emotions.”

“I loved this class. It brings me positive energy. I loved the speakers.”

“I just want to say you guys were amazing and I love everything you guys did. I love how much you guys did and comforting me.” Love Abby

“One lady’s dream board had “stay sober”. She told us that she had been sober for 10 months and looked forward to spending more time with grandchildren. Another lady worked with Donna about finding a job and how to apply. The experience at the Center was very rewarding for our group as well as the ladies we served.” Carma Ingram





*“On March 8th we are meeting at the Women’s Resource Center for a **Big Goal Accelerator Project** presentation. Carma Ingram is presenting on using affirmations for goal setting and healing. The meeting goes from 11:00 to 12:30 and if anyone wants to come they should meet in the lobby at 10:30 a.m. **Thanks from Carma!**”*

Please Join Us: Upcoming Dream & Big Goal Programs

DIBI provides guidance, training, and resources to prepare girls for career success.

March classes:

- **Roosevelt Continuation School: Thursday, March 6**, for our second session, 8th grade girls will participate in value clarification activities. **Arrive for set up at 8:20 a.m.** (class from 8:50 -10:20). Address: 3225 So. 800 E., Millcreek.
- **Granite Connection High: Friday, March 7**, will be the third DIBI session, **arrive at 8:00 a.m.** (class 8:30-10:30 a.m.). It will be 4 career speakers in the girl’s interest areas. Address: 501 E 3900 So., SLC., Media Center.
- **Women’s Resource Center: Saturday, March 8**, our third session, **arrive 10:30 a.m.** (class 11-12:30). Carma will present Affirmations. Address: 131 E. 700 So.
- **Horizonte Rose Park Youth-to-Adult program: Friday, March 21**, for our second session, girls will participate in value clarification activities. **Arrive 10:30 a.m.** (11-12:40), Address: 1400 W Goodwin Ave., SLC, Northwest back door.

Please Join Us
as we honor our 2024

live
YOUR
dream

recipients

Awards Luncheon

Sat Feb 1st 11:30 am
The Gathering Place
@ Gardner Village

please RSVP to Donna
@ 801 631-7097
or chrisdtls@msn.com
By Feb 1st

Celebrating Soroptimist Impact *By– Kathy Margaritis*

Our January program meeting was held on Wednesday, January 15th, at Marie Callender's. With a few sniffles and coughs around the table, our smaller group celebrated getting over sicknesses and being able to gather together. We missed a few friends who were out of town or otherwise busy.

President Barbara welcomed all and said how vital it is for each of us to contribute our talents to fulfill SISLC's mission. Soroptimist Superheroes were honored as Barbara emphasized the parts each woman has played to help our club in this year's expanded goals. They included Teresa Just, Loretta Peterson, Rita Offrett, Donna Schultz, Kathy Margaritis and Jan Crane.

She then presented from a great slideshow that Donna Visco had created. Emphasized were the various programs our club has been participating in so far this year, and the many lives that have been impacted. BWS helped make 39 single moms and their children's holiday season much brighter! Through awarding ten women a Live Your Dream Award, their education goals will be better met and obstacles addressed. Jan commented that they also really loved their swag bags! In the Dream It Be It classes at two schools, it's estimated that 280 girls will receive career and life guidance. Our Big Goal projects at two sites, are estimated to impact 145 women and girls who will be inspired to create a better future for themselves.

We finished off with a **Values Activity**. One of the activities in the DIBI training is for the girls to clarify their values. We circulated cards among the club members with a value listed on them. We wrote down 10 that resonated with us and then identified 3-5 that we felt reflected our true values. Some of ladies in the group shared their top values. It was interesting to hear the ones they chose and why. All around it was an inspiring and thought provoking evening,



Slide deck is attached to email.

Spring Conference

Mark your calendars. Region Spring Conference will be held May 2 - 3, 2025, in Fort Collins, Colorado! The Call to Conference will be sent to each member on or before March 2, 2025. Hope to see many of you there!

Getting to Know YOU!



Please send a summary of your family and professional life. Share your 'Soroptimist Why', and a photo. My Email: Kathyfmarq64@outlook.com Thank You!

Rita Offrett

I have been a Soroptimist since early March 1997; in March it will be 28 years. I had been to a couple of activities prior to my joining. Janis Nash had been encouraging me to join for a couple of years before I finally agreed. I have been head first ever since.

I have a blended family of 9 children; 3 live in Utah, 2 live in Idaho and then I have them in New Jersey, D.C., and North Carolina and had two children die a number of years ago. I have been a widow twice and just keep adding children.

I worked at American Express for 28 years (seems to be a theme here). I worked most of that time in Human Resources. I loved working with employees and leaders to make our organization more effective.

I have been President of SI Salt Lake City twice. I think I have held every position at least once in our Club except Treasurer - won't ever do that!!! I have held region secretary for two biennium and Governor-elect one term and then Governor of the Rocky Mountain Region before we combined with North Central Region. I have loved working with and getting to know our local members and on the Region level. I have attended a number of International meetings (Australia, Canada, Turkey, Ireland; also met with members in Switzerland while traveling there) and attended all but about two of the Region meeting during my membership. It is so great to attend these meetings and get to know members from around the world. We are very like minded. I have also hosted international Soroptimist visitors in my home several times. That is a great experience.

Some of my best friends I have met through Soroptimist, thanks to all you wonderful ladies!!

Cheri Richardson

I have been a Soroptimist for a total of 28 years. The first six were 1983-1989. During that time I served as Treasurer in 1986 and as President in 1987. Also during that time, our two children were born, so I took a lengthy leave of absence in favor of being a soccer mom and a Girl Scout Leader.

I rejoined in 2003. I served as Rocky Mountain Region Treasurer from 2002 – 2006, then as club Treasurer in 2008 and as Club President in 2010. Which makes me a proud member of the "Century Club" – I've served as Club President in two different centuries! I am currently serving as Peaks to Plains Region Secretary.

Of course, those two babies born in the 80's are all grown up and doing very well. We have one grandson, Rowan, who is seven and is almost as tall as I am. Ok – that's not saying much! We also have four grand-dogs.

My husband Paul and I have been married 43 years. We volunteer together with AARP Tax Aide, which provides free income tax preparation for low-income seniors – although you don't have to be a senior to use our services. January through April is a very busy time for us.

I love running! They say it's cheaper than therapy – and that's true. My favorite race distance is the Half Marathon. I usually run 5 – 7 per year, and sometimes I even end up with a podium finish.

I am proud to be a Soroptimist. I am all in on our mission of improving the lives of women and girls. And I will always treasure the friendships I have made through our great organization.

Soroptimist
Membership
 MILESTONES

Loretta Peterson	15 years	2/25/2010
Diane McCarty	12 years	3/05/2013
Rita Offrett	28 years	3/29/1997



S SOROPTIMIST® 2nd Annual

TRIVIA
Night

Fundraiser \$45 to play or watch

FOOD * DRINKS * FUN

FRIDAY
MARCH 7 | **6:30 PM**

LILY'S RECEPTION CENTER
 2576 W 4700 SO, TAYLORSVILLE

MORE INFO:
<https://www.sislc.org>

REGISTER TODAY - SPACE IS LIMITED!




February & March Birthdays

- 2/05 - Jan Crane
- 2/07 - Rita Offrett

Happy Birthday!



Spring Fundraiser

Let's make our 2nd annual Trivia Night Spring fundraiser as successful as the first one! **Get your trivia teams together soon and register on the website.** The tables seat 10 people, so register your team members and if you need to be combined with another table that will be arranged.

Sign into the fundraising committee meetings to help on Tuesdays, at 6:30. Zoom link will be emailed each week. The committee would love your input, assistance, and participation at this fun event!

Board Report and Action Plan - Feb. 5, 2025



Board Summary

- Receipts for the month included money for LYD lunch and spring fundraiser registration.
- Committee updates were given about the Spring Fundraiser: auction, food, drinks, and trivia program.
- Details were discussed concerning the upcoming DIBI classes, Big Goal projects, and the LYD awards luncheon.
- The board discussed participating in the Walk for Women, Soroptimist Tea, and Region Spring Conference.

Action Plan

- Dream It Be It/Big Goal Committee will estimate costs and report back to board at next meeting.
- Spring fundraiser meetings will be every Tuesday at 6:30 pm by Zoom- Feb. 11, 18, 25 and March 4.
- SIA Walk for Women-Club will participate in the walk on Saturday, March 22 at 10 am at Carma's.

Get Ready to Walk for Women!



Soroptimist's second annual Walk for Women kicks off March 1st. **SISLC will meet at Carma's house on Saturday March 22nd at 10 am.** We'll enjoy breakfast snacks then embark on a walk on the Jordan Parkway. Let's make every step count for women and girls everywhere. Share your [#WhyIWalk](#) on social media.

Thank You Soroptimist Volunteers!



Thanks to all members that have been working to help our club achieve it's many goals.

Please track and report your hours * to Loretta Peterson, **by the 2nd of the month,** Loretta_Peterson@Premier Inc.com

*** Reported volunteer hours help us when applying for grants.**

January/February Calendar & Member News

Mark Your Calendars

- 02/15 - Live Your Dream Awards Luncheon (11:30 am)
Gardner Village Gathering Place, pay on sislc.org
- 02/18 -Live Your Dream Awards Ogden club, 6:00 pm
- 02/28 - Horizonte Rosepark Youth-to-Adults Big Goal -
Meet at 10:30 (11-12:40), 1400 Goodwin Ave. NW back
- 03/05 - Board meeting, 6:00 pm, Zoom
- 03/06 –DIBI at Roosevelt Continuation Jr. High, meet
8:15 (8:45 -9:15), Located at 3225 S 800 E. SLC, Library
- 03/07 –DIBI Granite Connection High, meet 8:00 (8:30–
10:30), Located at 501 E 3900 So, SLC, Media Center
- 03/07 –Trivia Night Fundraiser, 6:30 pm, *Food, Drinks,
Fun!* Lilly's Reception Center, 2576 W 4700 S, Taylorsville
- 03/08– Women's Resource Center Big Goal– meet 10:30

Happy International Women's Day!
March 8, 2025



SIA is again hosting a virtual tea party (March 10, 6:00 MST) for International Women's Day. This year is more than just celebration—it's a global movement! The Party will also serve as a virtual parallel event as part of the UN [Commission on the Status of Women's](#) Non-Government Organization forum. Register here: <https://events.zoom.us/j/9KIDFWqnVXVNoSJohcyN6PWqaNPdw>

Soroptimist International of Salt Lake City

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Investing in Dreams

