

Salty Soroptimist News



President Barbara's Message

As we embark on this new Soroptimist year, I am deeply honored to serve as your President. Our club, with its dedicated members, is a force for change in the lives of women and girls. It's a new month, and we welcome the second phase of our projects. Our first phase was planning, and in this second phase, we are finishing the details to move on to the third phase, which is the event itself.

The board is working closely with the different committees, and I can tell you that everything is going well, but we still need your support to make it a complete success. Our Fall Fundraiser—our online Auction—is just around the corner, and we need your participation. How can you support our fundraiser? Share our online auction with your social media contacts, send emails to help promote our fundraiser, talk to friends, relatives, and co-workers about the event, or perhaps donate (until October 8th) or bid on the items. We are all on the same mission of helping women and girls reach their full potential and succeed. **We can do it!**

Help us by signing up on a committee!

There are still plenty of opportunities to join in the important work of our club while having some fun at the same time. <https://docs.google.com/spreadsheets/d/1MtrqOTHHwA1B4viCylfjWxA-1CbchXNWqZLfdoaia-A/edit?gid=2065524528#gid=2065524528>
Please sign up on the spread sheet and help out on one of the committees this year! **Thanks so much!**



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Board 2024-2025

Barbara Rosner - *President*
Carma Ingram - *President Elect*
Donna Schultz - *Secretary*
Loretta Peterson - *Treasurer*
Pat Murdoch - *Treasurer Elect*
Donna Visco - *Director at Large*
Rachel Woodhouse - *Delegate*
Zulie Langarica - *Delegate*

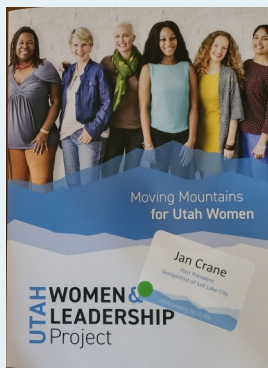
Utah Women's Organizations Network Conference

By— Jan Crane

I attended an amazing conference Tuesday, September 10th on Carma's behalf- and I'm so glad I did. It was called the Utah Women's Organizations Network (UWON) and is led by the powerhouse advocate for women, Susan Madsen, who founded 'A Bolder Way Forward' for Utah. She works tirelessly to bring awareness to the state of women in Utah and to strengthen the opportunities for women and girls. (Sounds like Soroptimist!)

In attendance were women in education, finance, community service, and political engagement. After a nice lunch (I sat with two Soroptimists from Ogden), we met in break out groups and shared about our organizations. We discussed what challenges we face- and how we can help each other. I made some excellent connections and hope that we can benefit from these.

The mission of the Utah Women & Leadership Project (UWLP) is to strengthen the impact of Utah girls and women. They serve Utah and its residents by **1)** producing relevant, trustworthy, and applicable research; **2)** creating and gathering valuable resources; and **3)** convening trainings and events that inform, inspire, and ignite growth and change for all Utahns. The UWLP was founded in 2009 by Dr. Susan R. Madsen, who leads this work as part of her faculty position at Utah State University.



<https://www.usu.edu/uwlp/>

Their website has some really important research about women in Utah. There are some alarming statistics about Utah's domestic violence.

<https://www.usu.edu/uwlp/files/a-bolder-way-forward/domestic-violence-what-utahns-need-to-know.pdf>

This is the theme for this quarter's Soroptimists **UpliftHER** initiative (*below*).

Soroptimists UpliftHER New Member Engagement Initiative

Soroptimists UpliftHER is an exciting new member engagement initiative from the program department. Once a quarter, we will focus on an obstacle that women and girls face on their path to formal education and economic empowerment.

SIA headquarters will share information about the obstacle, as well as suggested projects related to that obstacle that count towards our Big Goal. Clubs can participate in the quarterly project focus by sharing SIA posts and posting their own projects with the hashtag #SoroptimistsUpliftHER.

Focus Areas and Projects:

October: Intimate Partner Violence

January: Trafficking

March: Single Parenting

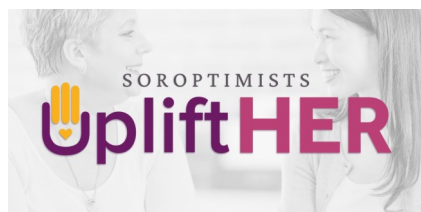
May: Period Poverty

Ways to Get Involved!

This is a completely voluntary initiative, but we do hope clubs will be excited to participate!

- Share SIA's post about each monthly focus on social media.
- Post about your club's own projects using the hashtag #SoroptimistsUpliftHER.
- Participate in one of the suggested quarterly projects and report it to SIA.

Continued on page 4



Quarterly webinars are held discussing ideas on how to implement a project.

Kathy Margaritis and Barbara Rosner tuned into the first one held on Sept. 10th. There is a recording here: [UpliftHER: NEW Soroptimist Initiative Webinar | September 10, 2024](#)



Soroptimist club members that attended the September Program Meeting



Stacie Harris (ICIAF founder), our President Barbara Rosner, and Sophie Erickson (ICIAF)

September's Program Meeting

By: Donna Schultz

We held our September program meeting at Red Robin restaurant in Murray. Stacie Harris from the I Can. I Am. Foundation (ICIAF) spoke to our club at the meeting. Stacie is the founder and co-director of the organization. Sophie Erickson, co-director with Stacie, also attended the meeting.

Like Soroptimist, ICIAF gives scholarships (called Hope Giver Scholarships) to single moms in the community and provides a support network for them as well. It was started by Stacie to help single moms going through what she went through herself when she was a single mom attending college and trying to make ends meet. She typically would complete 20 to 30 applications for scholarships each year while in school. And she was usually awarded a couple of scholarships from all those applications.

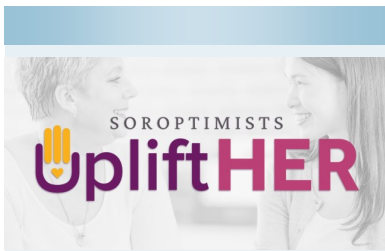
The Hope Giver Scholarships started out as a one-time project but has been going on for four years now. They have funded scholarships for 33 women so far and gave 20 scholarships in 2023 alone.

They also provide a support network for these women. ICIAF has given tickets for a corn maze to the women so their entire family can attend, held a series of online classes by Zoom and provided a 3-day summer camp for mom and kids so everyone has a summer vacation. They ask the women what their needs are and emphasize that they aren't going to be in this situation forever. They talk about going from surviving to thriving. With the support network, they are sensitive to making it work for these women and ask them to help with the activities, so they are more committed and vested in those activities.

During the question-and-answer portion of the presentation, we talked about how our club can collaborate with ICIAF. Some ideas were:

- Tell the LYD applicants about this program and vice versa so the women can apply for both scholarship programs.
- Include the ICIAF women in our BWS application process.

We had a lively discussion and exchange of ideas with Stacie and Sophie during the meeting. It was good to see others in the community are working towards the same goal as Soroptimist.



Soroptimists UpliftHER! *(continued from pg.2)*

For the first quarter (*October-December*), we will focus on projects that increase education for women or girls who have experienced:

INTIMATE PARTNER VIOLENCE

Intimate partner violence is devastatingly common for women and girls around the globe.

- **Nearly 1 in 3 women will experience it during their lifetime according to the World Health Organization.**
- **Financial abuse occurs in 99% of domestic violence cases where abusers control or sabotage their partner's financial resources.**
- **When women and girls are educated, they have the skills to command decent wages and the resources to escape unsafe relationships sooner.**

Clubs with the capacity to start a new project may wish to partner with a local shelter to provide professional dress clothing for women and provide training on interview basics, resume writing, and career advancement. This ensures that women rebuilding their lives can pursue economic empowerment without facing additional barriers like the lack of professional clothing or interview skills.

Our SLC club is discussing and planning for a project that involves the women's shelter. Further details will be provided as they evolve, with Pat Murdoch leading the way. These projects can be done anytime during the year, this is just the way Soroptimist chose to emphasize them by the quarter. Big Goal projects can be reported throughout the year.

Domestic Violence Awareness Pledge

Take the [pledge to end violence against women](#) and discover five ways you can support survivors of domestic violence this October through LiveYourDream.org.

Support our Fall Fundraiser

Thanks to the members who have been working hard to gather items for the online auction. Please notify Rita that you have a contribution by sending a form (they've been emailed out) and a photo of your contribution. Or if you prefer, you can take her smaller items that can be combined with others that have been collected. **Our deadline for turning in the form, photo and smaller items is October 8th.** There are two computers and many other fun things that have been collected so far.

The auction will run from October 15th - November 5th and can be accessed on Zeffy.com (*more details to follow*). Once it is posted, it would be very helpful for all members to share on their social media sites. Be sure to browse for yourself and upcoming holiday gifts that you may need to purchase. ***Let's make this a big success!!***



Board Report and Action Plan - Oct. 2, 2024

Board Meeting Summary

- The club received a generous donation. Depending on the donor’s preference for the gift, we plan to fund additional scholarships.
- Membership Committee has a goal of 3 to 5 new members this year.
- The final due date for items for the newsletter is the Friday after our Board meeting each month. Preferably the prior week, when possible.
- The club is working to set up Dream It Be It training at Glendale Middle School, as well as training for women at Horizonte Adult Education program and the Women’s Resource Center.



Action Plan

- Club members need to interact with Facebook more by liking and commenting on items posted.
- We will print Soroptimist information postcards to distribute by mail and at events.
- Meeting by Zoom for Spring Fundraiser planning will be October 12 at 8:30 am.
- Members to bring full size candy canes and leftover Halloween candy to program meeting on November 20th to assemble candy bags for BWS.
- **Club members needed to help at our Dream It Be It session at Granite Connection on October 18th. The school is located at 501 East 3900 South. Be there at 8am to help with set up in the media center.**

Thank You Soroptimist Volunteers, your time is well spent!

President Barbara wants to thank all members that have been working to help our club achieve it’s many goals. Through our consistent efforts we are able to help make a difference in the lives of girls and women. Please track your volunteer hours *carefully* during the month. The hours should be reported to Loretta Peterson, Treasurer, by the 2nd of the month, by phone or email, Loretta_Peterson@PremierInc.com. These hours are accumulated and reported when applying for grants. Here is a visual showing our hours each month and the total year-to-date. We hope to exceed our total volunteer hours from last year. **Thank You Soroptimist women!**



Getting to Know You

Our members are amazing women from many walks of life. We'll be highlighting two members each month to become better acquainted with one another.

Please send me a little summary of your family and professional life. A photo would be great too. My Email: Kathyfmarq64@outlook.com

Thanks in advance for letting us know what Soroptimist means to you and sharing a little bit about your life with your fellow club members.

Kathy Margaritis - joined 6/2023

I'm still getting used to my married name which I changed from Furse in October of 2022, when I joined forces with my sweet husband Milton. Previously, I had my five children (4 Lord's and 1 Ludvigson), who have since blessed me with 10 grandchildren (ranging in age from 5 - 21 years old). They keep me busy with outings and babysitting, as all live locally other than my daughter's Boulder, CO family.

What Soroptimist means to me: Our club has helped me transition from my busy jobs, when I had an early retirement in June 2022. It gives purpose as I support our club in empowering women and girls. It's similar to my former career goals. I have met amazing women who I am learning from and enjoying friendships with. I've also been practicing graphic art again, my first career before education.

In my 26 years working in Education, I

was Coordinator of the Teen parent program; an elementary school Guidance Counselor; Coordinator of Even Start

Family Literacy Program (*a federal grant program*); and a teacher in high school and middle school (both one year).

The Coordinator jobs included teaching students and teachers too. The final four years, I worked a night job as well at Granite Peaks Adult Education as an Assistant Coordinator and Counselor. Throughout my career I was able to help students from infants/toddlers to adults to learn and grow and reach toward their potential. So, lots of fun with diverse people and age groups. I'm grateful for all the experiences.



Laguna Beach honeymoon

Carma Ingram Joined 6/2003



I have lived in Salt Lake City my entire life and worked primarily in technical sales. I am retired now. But, my husband and I often talk about what were

the highlights in our life that identified who we were to ourselves and what we shared with others. Steve for 20 years was a volunteer ski patroller and also raced Porsches with the Porsche Club and Porsche Owners Club.

My highlights were being a mom and my jobs, one where I got to travel internationally for many years and another where I traveled throughout the Rocky Mountain States. Throughout that time we both raised a beautiful daughter and spent as much time as we could camping

and boating. We owned a cabin in Midway for 20 years and spent every weekend at that retreat. Now our life has evolved into being Papa and Yaya to our two beautiful granddaughters, ages 8 & 11, who consider us central to their life. We still go camping and tow our motorcycle with us where we ride all the beautiful roads in our region.

In addition to our family, my membership in Soroptimist and the wonderful community events I have been involved with has become central to my life. I have been a member of Soroptimist since June 2003. During this time I have served as President, Secretary, Director At Large, Delegate and chaired several committees. I am grateful to be a member of Soroptimist and look forward to opportunities to serve.



October & November Birthdays

10/01- Loretta Peterson

10/13- Teresa Just

10/26- Zulie Langarica

11/19- Cathleen Stevens

11/25- Donna Schultz

11/26- Carma Ingram

Pat Murdoch *	32 years	11/01/1992
Jan Crane	15 years	11/20/2009
Carolyn Roberts	10 years	10/06/2014
Barbara Rosner	3 years	10/01/2021
Ann Treacy	3 years	10/01/2021

** Our club's member for the most years!!!*



Making the Most of Your Soroptimist Membership –By Jan Crane

- 1- Remember why you joined! You believed in the Soroptimist mission “to improve the lives of women and girls” and wanted to get involved.
- 2- Attend every club meeting that you can.
- 3- Read the club newsletter, SIA Region Peaks to Plains Pulse, and the updates from Soroptimist federation and international- so you know what is going on.
- 4- GET INVOLVED! Serve on a committee, accept an assignment, and serve on the board- don't worry if you are unsure of what to do, there are plenty of mentors to help.
- 5- Volunteer suggestions and ideas to better the club.
- 6- Invite your friends, co-workers, to a meeting to see if they would be interested in joining.
- 7- Attend district meetings, regional conferences, federation and international conventions when you can- it's a great way to connect with other Soroptimists in your area and from around the world.
- 8- If you have an issue or concern, take it to the president.
- 9- Get to know the other club members- you might make a lifelong friend!
- 10- You are talented in many ways; give of your talents so we may all benefit from them.

October/November Calendar & Member Request

Mark Your Calendars ...

- 10/08– Fall Fundraiser item collecting ends
- 10/15—Online Auction Begins, Ends: 11/05
- 10/18 – **Dream It Be It** Granite Connection, meet at 8:00 a.m. in the Media Center: 501 E 3900 So.
- 10/26– Region mtg. online (**register by 10/20**). We will get together to watch the mtg.
- 11/06– Board Meeting at Barbara’s (6:00 pm)
- 11/15– **LYD** application **closes**. To pass scholarship information on, contact Jan Crane.

Sustaining Our Dream Programs Soroptimist Stargazers

Nearly 700 donors around the world are considered Soroptimist Stargazers because they set up automatic donations on a monthly or quarterly basis. A reoccurring gift of any amount provides an efficient and reliable source of funding for our global Dream Programs. You can help ensure women and girls have the resources and opportunities they need to reach their full potential and live their dreams.

The Laurel Society is SIA’s prestigious recognition for donors who contribute gifts totaling \$1000 or more. Since 1994, nearly 9,200 Laurel Society members have given over \$19 million to help economically empower women and girls through our Dream Programs.



Become a Soroptimist Stargazer today!

[Soroptimist International of the Americas, Inc.](http://www.soroptimist.org)

Soroptimist International of Salt Lake City

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